



Regina (Brock) Trammell

October 7, 1960 - December 17, 2025

Regina Trammell passed away on Wednesday, December 17, 2025, after a brief illness surrounded by her loving family.

Regina was born on October 7, 1960, in Harlan County, Kentucky to Bradley Brock and Gertrude Jones Brock. Regina and her siblings were raised in Harlan until they moved to McHenry, Illinois. Regina moved back to Harlan in the late 90s where she went to school and became a licensed cosmetologist. She married Teddy Joe Trammell in 2004 and was a devoted wife, mother, and the best Mamaw in the whole world.

In addition to her parents, Regina was preceded in death by her eldest brother, Robert Brock, one sister, Shirley Noe, and a stepdaughter, Crystal Lynn Roberts.

Regina is survived by her loving husband of more than 20 years, Teddy Joe Trammell; her daughters: Tracy Garrison (Tom) of Island Lake, IL; Tara Cronan of Lake Geneva, WI; Angela Pendleton (Greg) of Jonesville, VA; and Paige Broughton (Charles) of Cawood, KY; bonus sons, Daniel Trammell of Harlan, KY, and Elijah Trammell (Caitlan) of Spring Hill, FL; all of her grandchildren: Amber Kirk, Hailee Michael, Samuel Pendleton, Madelyn Aiello, Luke Aiello, and Zachary Broughton, and two great-grandchildren, Lily Stewart and Xavier Stewart. She is also survived by her siblings: her little

sister, Melissa Foute of Island Lake, Illinois, and her brothers, Hiram Bradley Brock (Susie) of Fairmont, WV; Lawrence Brock (Darlene) of Island Lake, IL; Terry Brock (Shelly) of McHenry, IL; and Roger Brock of Cary, IL; and a host of bonus grandchildren, nieces, nephews, and cousins whom she loved very much.

A celebration of life for Regina will be held for family and friends in 2026.

Tribute Wall

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“ Regina is my mother, I am her 1st daughter, Tracy Cronan garrison. She is the most selfless person I have ever known. She had her hard times but if she could do anything for you she would. I love my mother and she was too young to pass on, so I have guilt that I didn't go down south from Illinois where I live, to see her enough. She was absolutely beautiful and her personality made her even more beautiful! I will always love my mother and think of her every day of my life! Just like I did her mother, my grandmother, Gertrude Brock, I love you mom and I pray and hope I can see you again one day....

tracy garrison - January 11 at 12:14 AM



“ Vikki Mcelyea lit a candle in memory of Regina (Brock) Trammell



Vikki Mcelyea - December 23, 2025 at 04:08 PM

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“ Sending you love and strength as you navigate this challenging time. May you find comfort in the beautiful memories you shared.”
With love and Prayers 🌹
Tina Fox & Heather Swick

Tina Fox - December 23, 2025 at 03:13 PM